

Life Transformed: The Way of Love in Lent

Session 6 Worship Small Group Facilitators 3/25/21

Potential Check-In Questions:

What was adding “Rest” to your practice like? What did you learn about yourself? About God? How are your other Way of Love practices going?

What has surprised you most about our time together over the last 6 weeks?

What has been the greatest blessing during the life of this small group?

How do you hope your life will change as a result of these weeks together?

Small Group Discussion Worship:

In our reading this week, we are called let go of our fears so that we might truly WORSHIP God. In a world beset by violence, hunger, exploitation, and oppression, this is no easy task.

- Do you find it hard to worship when fears are weighing you down? Are there any that you would like to share with the group? How can you let go and offer these fears to God?
- The disciples found it hard to believe in the promise of everlasting life that Jesus proclaimed throughout his ministry ... until they encountered him in his post-resurrection appearances. Do you ever struggle with the belief in the resurrection? What signs of resurrection have you seen in your life?
- What brings you the most joy in your life? Can that joy be offered up to God as an act of worship?
- What are your favorite ways to worship: praying together, singing, dancing, etc.? Why?