

Session 1 Turn (Feb 18) 6:30 – 8:00 pm

Before session 1:

- Watch the short film (4 minutes) about **Turn**
<https://episcopalchurch.org/way-of-love/practice/turn>

After session 1:

- Practicing at home:
Take time before the next session to write a letter to yourself containing your hopes and prayers for this journey. Imagine that you are starting this time by facing toward the metaphorical West in your life—the habits beliefs, or behaviors that draw you from the love of God—and make a commitment to TURN away from them. See this as an opportunity to turn to a new way of life with God, which is promised to us in baptism.
- (Optional) Consider downloading the “Reimagining the Examen” app (free) from Loyola Press to help settle into a practice of turning each day.
- (Optional) View this 2 minute video to hear Jake Owensby, bishop of the Episcopal Church in Western Louisiana, talk about repentance. <https://youtu.be/se9suaWjdX4>

After watching you may want to consider the following questions:

- How does Bishop Owensby challenge or reframe your understanding of repentance?
- How might this reframing change your practice of repentance?
- How is repentance good news to you? To others?

