



# PARACLETE

**MARCH 2020**

**HOLY SPIRIT | EPISCOPAL CHURCH**

130 South 6th Street East • Missoula, MT 59801 • 406.542.2167 • E-mail: office@holyspiritmissoula.org • Website: www.holyspiritmissoula.org

**A publication of Holy Spirit Episcopal Church**

## **2020 LENTEN SERIES**

### **RACE and Faith**

RESPECTING THE DIGNITY OF EVERY HUMAN BEING

*Please join us!*

WEDNESDAY EVENINGS

**March 4 – April 1**

PROGRAM PRESENTED AT 7:00 P.M.

CHILDCARE PROVIDED / NO POTLUCK SUPPER THIS YEAR



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### **Join us for our Lenten Series beginning March 4**

Beginning on Wednesday, March 4, join us on the five Wednesday evenings of Lent to hear speakers share their thoughts on topics such as the history of racism, privilege, and reparations. More details are available about the speakers and the programs on page 2 of this newsletter.

This year we encourage you to eat at home and then join us for the evening educational presentation at 7 p.m. in the church. The program will run until 8:15 p.m., and we'll close with a brief Compline service. Childcare will be available. Please plan to join us!

## **Bishop's annual visitation takes place on March 1**

Our bishop, The Rt. Rev. Martha E. Stebbins, will be with us on March 1 for her regular visitation and for Confirmation at the 10:15 a.m. service. As chief pastor and teacher of the diocese, she will preside and preach at both services that morning. Her presence connects us to Episcopalians beyond our walls, in Montana, in the Episcopal Church, in the Anglican Communion, and back through the Church's history. While most of us will only see her on Sunday morning, she will be working hard to learn more about Holy Spirit Episcopal Church by meeting with the Vestry and clergy, hearing and responding to their concerns and questions. Youth and an adult who have spent time preparing for

Confirmation will reaffirm their baptismal promises and receive the sacrament of Confirmation, to strengthen them and affirm them in their lives of discipleship.

As is the custom in our diocese, an offering for the Diocesan Discretionary Fund will be taken at both services that day. Special envelopes will be provided in the bulletin that day, or you can make a contribution to the loose plate offering. The checks should be paid to the order of "The Episcopal Diocese of Montana," designating on the memo line 'Discretionary Fund.' It is from the Discretionary Fund that pastoral needs are met. Please be generous.



**HOLY SPIRIT | EPISCOPAL CHURCH**

invites you to join us in welcoming

**The Rt. Rev. Martha E. Stebbins  
Bishop of Montana  
Sunday, March 1, 2020**

The bishop will preach and preside at both services, 8 a.m. and 10:15 a.m., with Confirmation at the 10:15 a.m. service. A special reception for the confirmands and bishop will follow the 10:15 a.m. service.

Please join us!

OUR STAFF

Clergy:

The Rev. Terri Ann Grotzinger,  
Rector  
revterri@holyspiritmissoula.org

The Rev. Gretchen Strohmaier,  
Assistant Priest  
Gretchen@holyspiritmissoula.org

The Rev. Dorcie Dvarishkis,  
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dorcied@gmail.com

Organist/Choir Director:

Dr. Nancy Cooper

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NEWSLETTER

Paraclete, from the Greek meaning 'Holy Spirit,' is published monthly, September through May, by Holy Spirit Episcopal Church. All material is due by the fifteenth of the month preceding the month of publication.

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2020  
LENTEN  
SERIES

RACE & Faith

RESPECTING THE DIGNITY OF EVERY HUMAN BEING

Wednesday evenings, March 4-April 1  
Program presented at 7 pm in the church

Childcare provided / No potluck supper this year



Race and Faith: Respecting the Dignity of Every Human Being

Join us for our 2020 Lenten Series entitled, *Race & Faith: Respecting the Dignity of Every Human Being*. Our baptismal vows pose a series of questions: Will you persevere in resisting evil, and, whenever you fall into sin, repent and return to the Lord? Will you proclaim by word and example the Good News of God in Christ? Will you seek and serve Christ in all persons, loving your neighbor as yourself? Will you strive for justice and peace among all people, and respect the dignity of every human being? We answer these questions with: I will, with God's help.

Lent is an appropriate time to reflect on our baptismal commitments. It's a time to take stock and consider what we have committed to and how we work that out in our daily lives. This year we'll look through the lens of our baptism at issues of racism.

**Wednesday March 4<sup>th</sup>** U of M Professor Tobin Miller Shearer will present, *Racism and the Church: A (Very) Short History*. This session will explore the history of Christianity's connection to, participation in, and resistance against racism in the United States.

**Wednesday March 11<sup>th</sup>** U of M Professor Tobin Miller Shearer will present, *Privilege and Spiritual Formation*. In this session, we will explore the connections between the privileging forces of racism and spiritual formation in the Christian tradition.

**Wednesday March 18<sup>th</sup>** Judith Heilman, Executive Director of The

Montana Racial Equity Project, will present, *The Black (Non)Accrual of Wealth and Reparations*. This session will study the history and causes of Black-white racial wealth inequality and the call for reparations.

**Wednesday March 25<sup>th</sup>** U of M Professor David Beck of the Native American Studies program will present, *Tribal Sovereignty and American Indian Religious Freedom*. American Indian tribes have a unique political relationship with the United States due to their status as nations within a nation. Yet they continue to struggle to exert the "tribal sovereignty" that is theirs under law. At the same time, the United States claims to be a nation founded on the idea of religious liberty. Yet the first Americans have historically been denied the right to practice their religions, and this is also something with which they still struggle. This talk will look at the intertwining of tribal sovereignty and American Indian religious freedom.

**Wednesday April 1<sup>st</sup>** Professor Tobin Miller Shearer will present, *Formation: Anti-Racist Practice as Spiritual Discipline*. In this interactive session, we will work with a series of case studies to learn best practices for interrupting racism when we encounter it in our daily lives and interactions. The wisdom of the spiritual disciplines will guide our discussion.

– THE REV. GRETCHEN STROHMAIER  
ASSISTANT PRIEST

Church School

## Start a quiet family reflection time during Lent

A season of quiet contemplation for kids? Lent may seem like a bit of a “spiritual stretch” for our children, but I think you might be surprised. I challenge you to start a practice during Lent of quiet family reflection time. Make a ritual of it. Engage the senses. Agree on a time and place. Set the stage, maybe light a candle or bring in other sorts of visuals. Consider using the liturgical colors of Lent (historically purple, often now we use maroon and black). Ring a bell or use a chime sound on your phone to start. Frame the experience as a quiet time to listen to God. Make it short. Depending on the

age of your children you may want to start with 3 to 5 minutes, working up to 10 minutes or more could be a great goal. Provide opportunity to *respond* to the experience through a journal (for older children), or paints, pencils and paper (you might invest in some nicer supplies to underscore the significance of the practice), and fold in a short time for family members to share thoughts and prayer. Here are some other Lenten resources for families: <https://buildfaith.org/ash-wednesday-home-fire-ashes/>.

– THE REV. GRETCHEN STROHMAIER  
ASSISTANT PRIEST



### Baptism dates announced

The next date for baptism will be at our Easter Vigil service on Saturday, April 11, at 7:30 p.m. If you are interested in baptism at that time, either for yourself or for your child, please call the church office at 542-2167 and ask to speak to Rev. Terri. If you are interested in the April 11 baptism date, Rev. Terri needs to hear from you by March 15.

The remaining dates for baptism for 2020 are the Day of Pentecost, May 31, a possible date in the summer yet to be determined, and on All Saints’ Day, November 1. Baptism will take place at the 10:15 a.m. service on those Sundays.



## Here’s what’s happening in March in Church School

**Sunday, March 1**  
**Sunday, March 8**

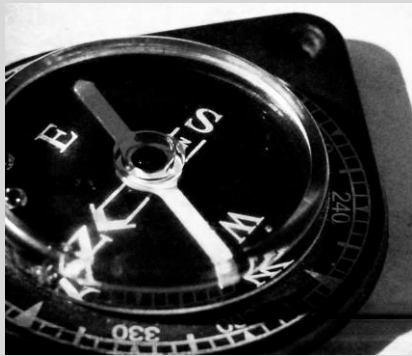
Joint worship: kids and adults celebrate Bishop Marty’s visit and Confirmation  
Children start downstairs for a lectionary-based Bible story, Gen 12:1-4 *Abram’s Call*. Children join the second half of worship upstairs to participate in Eucharist.

**Sunday, March 15**  
**Sunday, March 22**

Spring Break. No Church School. Kids worship with their whole church family.  
Children start downstairs for a lectionary-based Bible story, John 9:1-41 *Pool Siloam*. Children join the second half of worship upstairs to participate in Eucharist.

**Sunday, March 29**

Special Activity: Kids, Movement and Prayer. Children spend their whole worship experience downstairs.



## Explorations:

Opportunities to cultivate, challenge and live our faith

## Begin and end your Lent with these contemplative Lenten programs

*Please join us for a Centering Prayer Lenten gathering: March 7, from 9 a.m.-11 a.m.*

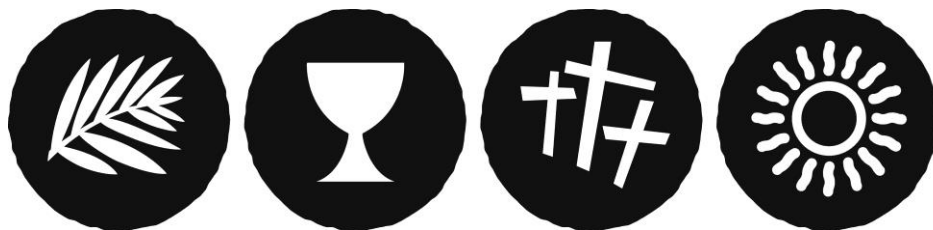
Begin your Lenten Journey with a morning exploring the basics of the meditation practice of Centering Prayer, followed by “sitting” with God in silence. At the close of the morning there will be time for questions, sharing, and journaling as desired. The group

will meet in the Guild Room from 9:00 until 11:00 a.m. on Saturday, March 7<sup>th</sup>. If you want more information, please contact one of the facilitators, Jennifer Dousset (406-880-1680) or Willie Hoffer (541-815-9609).

*Listening for God’s voice through meditation and journaling: April 4, from 9:30 a.m.-11 a.m.*

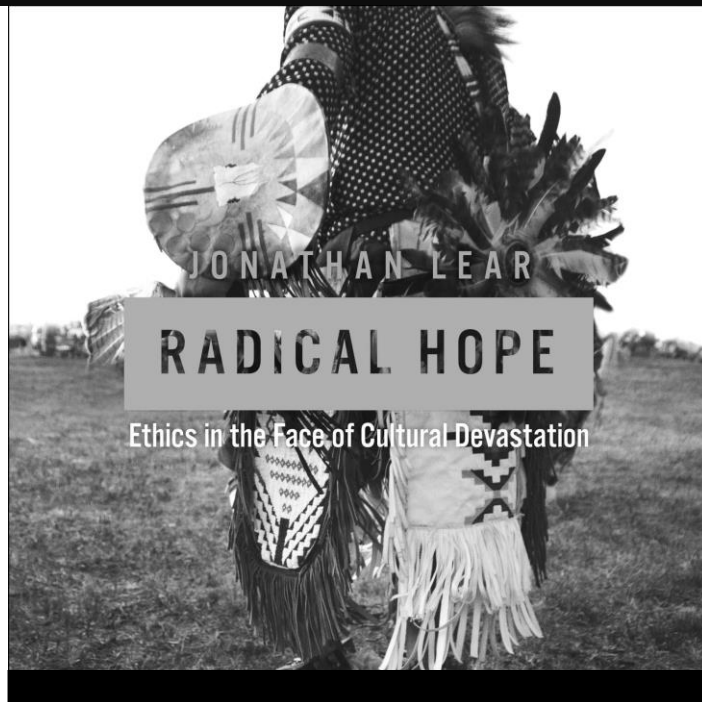
Bring Lent to a close. Prepare yourself for Holy Week and Easter. Facilitator Julie Benson will lead this group through discussion and reflection to prayerfully consider God’s call and

direction as we enter this Holy Season of Easter. The group will meet in the Guild Room on Saturday, April 4<sup>th</sup> at 9:30 a.m. If you have questions, please contact Julie at 241-8365



## Plenty Coup’s story: a model for spiritual wisdom and healing

Join Glenn Hladek on Sunday mornings March 15, 22, and 29 from 9:00–10:00 a.m. in the Guild Room. The first session will be lecture format as we learn about Plenty Coup’s story, based on the book, *Radical Hope* by Jonathan Lear. The second two sessions will be discussion format as the group explores Plenty Coup’s experience and leadership: “When the buffalo went away the hearts of my people fell to the ground and they could not lift them up again.” The group will think about questions such as: What is culture? What happens when culture faces destruction or corrosion? How does Plenty Coup offer a way out of anxiety? How can we learn from his wisdom and apply it right now in 2020? If you have questions, contact Glenn at [gahtrek@bresnan.net](mailto:gahtrek@bresnan.net).



Join us for Compline on March 1 at 8 p.m.

## Lenten meditations in the quiet of Compline

*Faith is seeking. Faith is the effort to move toward God, recognizing that God is beyond knowing. We hold God more than know God.*

Please join us for Compline in the penitential darkness of Lent. The Compline Choir will begin the service with an ancient plainchant setting of "O Christ, you are both light and day." Also included will be Lenten hymns as well as a four-part chanting of the Lord's Prayer. Interspersed through the service will be three brief Lenten meditations on faith based on the ancient text *The Cloud of Unknowing*. This edition of Compline will occur on Sunday, March 1 at 8 p.m.

– KEITH KUHN, COMPLINE COORDINATOR



### Resources for Lent

Want to Learn more about our Lenten topic? Consider reading one of these books or articles or explore the online clips of the Seattle Times Project: Under Our Skin.

- *Where Do We Go from Here?* by Martin Luther King Jr.
- *Beyond the Messy Truth* by Van Jones
- *Dear White Christians: For Those Still Longing for Racial Reconciliation* by Jennifer Harvey
- *So You Want to Talk about Race* by Ijeoma Oluo
- The Case for Reparations by Ta-Nehisi Coates in *The Atlantic*: <https://www.theatlantic.com/magazine/archive/2014/06/the-case-for-reparations/361631/>
- The Seattle Times Project: Under Our Skin: <https://projects.seattletimes.com/2016/under-our-skin/#>

You may also be interested in downloading this traditional Lenten reflection guide entitled, *Living Well Through Lent 2020: Practicing Courage with All Your Heart, Soul, Strength, and Mind*. It is a free downloadable resource that guides you through each day of Lent with reflections written by a number of different Episcopal leaders. <https://shop.livingcompass.org/collections/advent-and-lent-resources>



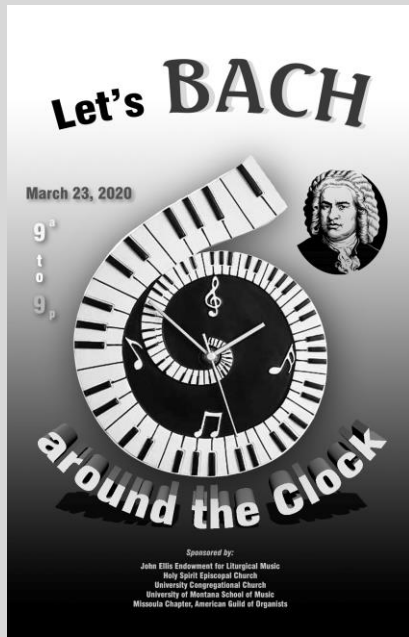
## Make a donation to Episcopal Relief & Development on March 22

Children are the focus of ERD's Lenten theme

We invite all Episcopalians to gather on **March 22, Episcopal Relief & Development Sunday**, to pray for people around the world who are struggling with poverty, hunger, and disease. Episcopal Relief & Development (ERD) works with local partners in over 40 countries to tackle these issues.

This year's Lenten theme focuses on the spiritual lives of children and how children inspire the spiritual lives of

adults. Why children? Children show us the face of God and help us to know the heart of God. ERD works with communities to ensure that children have access to food, clean water and quality health care. When these basic needs are met, the lives of all people in the community improve. You can support this work by making a donation in one of the special envelopes provided in the bulletin on ERD Sunday. Thank you.



**Join us for Bach around the Clock on March 23!**

In celebration of the 335<sup>th</sup> anniversary of J.S. Bach, there will be a 12-hour performance extravaganza on Monday, March 23<sup>rd</sup>, from 9 a.m. - 9 p.m. This is a collaboration between the UM School of Music, Holy Spirit Episcopal Church, University Congregational Church, the Missoula chapter of the American Guild of Organists, and the John Ellis Endowment for Liturgical Music.

The event will be at UCC from 9 a.m. - 3 p.m. and at Holy Spirit from 3 p.m. - 9 p.m. It is intended as a drop-in, drop-out, drop-back-in experience – attend when you can. It is entirely free, and a multitude of University and community musicians will be participating. From 7:30 - 9 p.m., Holy Spirit's beautiful pipe organ will be highlighted – hope to see you there!

**Drop by and join us on March 23!**

Rummage Sale set for May 1 and 2  
**May Day! May Day! Yes, May 1-2 – This year's rummage event**

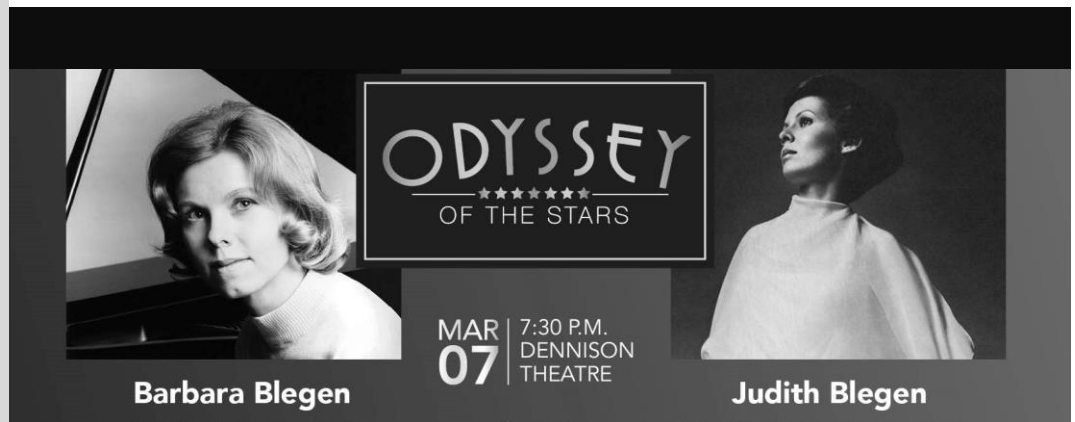
It's time to begin gathering goodies for this spring's Rummage Sale. Or, as we're now re-thinking it, a **Nearly New Rummage Sale**. Please **pre-sort** all donations. Toss out **all** broken, chipped, dirty, incomplete, over-used, and not-quite working items. Then, bring to Holy Spirit the best you have in any of the following areas: Daytime apparel, shoes and accessories. Books, games and toys. Holiday decorations. Hobby and craft items. Jewelry. Dishes, glassware, kitchen items and knick knacks. Linens. Small

tools. Small appliances. Small furniture items. Luggage. Pet accessories. Baskets. Art. Whatever you would buy for yourself or someone else!

**Please no computer or exercise equipment.**

We will accept donations between Sunday, April 19 and Sunday, April 26. Please seal boxes whenever possible.

Questions? Contact Marva Gallegos (546-1611) or Betsy Holmquist (728-8546).



**Choir joins in Odyssey of the Stars**

*Odyssey of the Stars* honors outstanding University of Montana performing and visual artists and tells the story of their artistic journeys, showcasing the many different roads to success that an artist can travel. *Odyssey* features some of UM's finest student performers and artists. The production supports the College of Visual and Performing Arts Scholarship Fund. Since its inception, *Odyssey of the Stars* has funded scholarships for 1,000 visual and performing arts students at the University of Montana, including many of our former choir members and interns.

The 2020 *Odyssey of the Stars*

event will be held on Saturday, March 7, at 7:30 p.m. in the Dennison Theatre. Join us as we celebrate Barbara and Judith Blegen. Barbara is a renowned pianist who played with the New York Philharmonic, and Judith is a Grammy award-winning recording artist and a Metropolitan Opera star; both grew up at Holy Spirit, and members of our choir will join with the UM Chamber Chorale and UM Symphony Orchestra in the performance of a movement from Mendelssohn's *St. Paul* oratorio. Tickets are available at [griztix.com](http://griztix.com) or at the door – but be forewarned that the event often sells out. Hope to see you there!

## Community Ministries Welcoming new Parenting Place staff leadership

Hello friends of The Parenting Place!

I am Marilyn Thorn, the new Executive Director at The Parenting Place (PP). I am excited to be in this role, working with our families, donors and partners to support our current programs and to search for other opportunities for our organization!

While new to my position, I have been a part of PP for nearly two years as a Board member and President. While serving on the Board, I was Missoula Interfaith Collaborative's (M-I-C) Director of Housing Programs. Prior to joining M-I-C, I worked for five years in the area of child protection. During full-time employment, I also earned my Master's in Social Work. I bring a deep commitment to strengthening families, building relationships, and connecting people to this new opportunity.

I could not do this work without the

support of my fabulous family, my husband John, and two daughters, Cassidy (16) and Chelsey (10). John and I have prioritized engaging our girls in volunteering and building relationships, and we look forward to introducing them to you. Growing up in agricultural families in the Great Falls area, we chose Missoula to be home for raising our daughters and becoming a part of this great community. Perhaps we will see you out on the slopes before springtime!

The families and staff of PP value Holy Spirit's faithful support, great volunteers, and important advocacy – thank you for caring about us in all the ways you do.

*To explore ways to get involved at PP, please contact Rev. Dorcie Dvarishkis at 239-7655 or dorcied@gmail.com. Thank you!*



### Stay connected with the Holy Spirit app

Keep up to date on upcoming events, access sermons, forms/registrations for events and other activities, see the latest newsletter or bulletin, or submit a prayer request – all that and so much more! This is also a convenient way to make electronic donations by ACH (bank account) or credit or debit cards in addition to making and managing recurring gifts.

Get a link to download the app by texting **HOLYSPIRITAPP** to **77977**. Be sure to put your caps lock feature on; that will bypass the auto-correct feature on your phone and ensure that the code is entered correctly! You may also download the app directly in the Apple iTunes App Store or on Google Play.

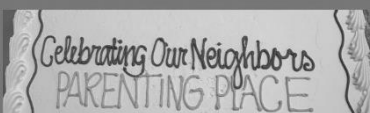


## Meet the new Parenting Place Executive Director

You'll have a chance to meet her at Parenting Place Sunday on May 3!



Marilyn Thorn

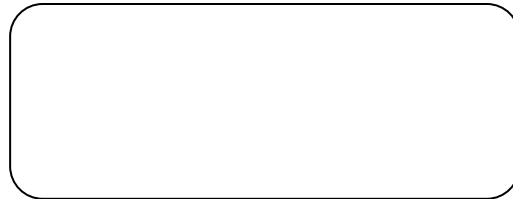


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