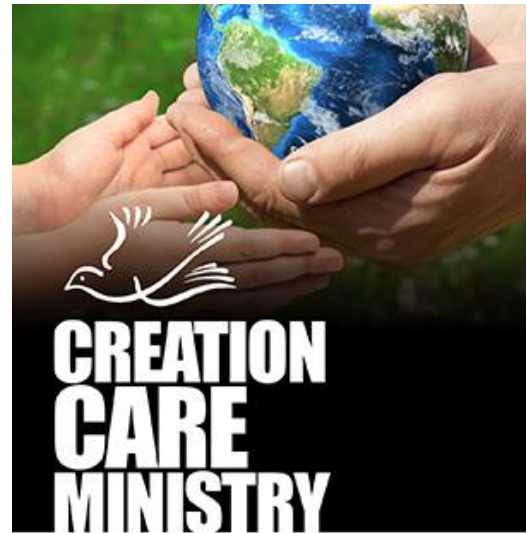


Laundry Room:

- Buy eco friendly laundry soap. There are many options from drops/pods <https://www.dropps.com> to powders sold in cardboard boxes to laundry sheets <https://www.earthbreeze.com>, or <https://zerowastecartel.com>. You can join an online “laundry sheets” club and they setup automatic shipments of boxes of 50 sheets based on your estimated loads of laundry/month. They also sell dryer sheets, stain boosters, other products. <https://www.sheetslaundryclub.com>
- Buy reusable fabric softeners (such as balls of wool).
- For natural scents in your laundry fill a small, light cotton bag with lavender from your yard for your dryer. Experiment with other floral/natural scents.
- Only launder full loads.
- Only launder dirty clothes. Yes, you can wear that pair of jeans again.
- Hang laundry on a clothes-line or drying rack. To minimize wrinkles, dry in dryer for a few minutes then hang on line. One side benefit to using your dryer less is that you will have fewer lonely socks without a mate.
- If you do use your dryer, clean your dryer filter often. This increases the dryer’s efficiency and shortens drying time.
- Take your laundry to a commercial laundromat. Commercial washing machines are more efficient. Ask them to use a “green” soap or take your own (easy to do if you have laundry sheets).
- Avoid ironing as it not only uses energy but deteriorates some fabrics. To avoid wrinkles:
 - Hang clothes immediately after the wash cycle is complete.
 - Hang clothes before the final spin cycle. The water left in the clothes will help pull wrinkles out.
 - Fold wrinkle prone fabrics with folds where you want a crease and place at the bottom of a drawer. The weight of clothes on top of them will help ‘press’ those creases in place.
- Avoid dry-cleaning as most facilities use perchloroethylene which has known health hazards. Many delicate fabrics such as cashmere or lambs wool, can be safely washed. If you must, go ahead but try to reduce the volume of clothes dry-cleaned to minimize your risk.
- Clothes or cleaning cloths made from microfibers are made from plastics. If they are made from recycled plastic they might seem like a sustainable material, however even those send tons of plastic microfibers into our streams, eventually reaching the oceans. When laundering clothes with microfibers, there are ways to minimize the volume of fibers that end up in the ocean ranging from changes to your laundry practices to installing microfiber filters on your washing machine.. The following website has many tips for reducing microfiber pollution in your laundry. ([Microfiber Pollution : What Solutions for the Oceans?](#)) Note: This is one instance in which powdered products may not be best as they rub against the clothes until they dissolve and may loosen excess fibers.
- As with everything we do, think Eco friendly and plastic free.



**Taking a more active
role as Creation
Caretakers**